

Break Free from Smoke



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National No Smoking Day (12th March) is an ideal time to start your journey towards a healthier, smoke-free life. Everyone is aware that "Smoking" has been criticized as the most lethal weapon of self-destruction. According to the Tobacco Products Act, 2004, direct and indirect advertising of all tobacco products and their sale to minors is banned. Addiction to nicotine makes it hard to quit. The increasing incidence of heart attacks in India, fast spreading among the younger generation, has been largely on account of smoking habits. "No Smoking Day" is a powerful reminder that quitting smoking is one of the best decisions you can make for your health.

The problem of smoking in India is widespread, but no studies have been done to estimate what percentage of the population are smokers. Roadside paan shops, bountifully stocked with cigarettes, feed smokers continuing to exhale smoke from cigarettes. It is a fact that smoking is a hard habit to break because tobacco contains nicotine, which is highly addictive.

Smoking harms not just the smoker but also family members, coworkers, and others who breathe the smoker's cigarette smoke, called secondhand smoke or passive smoke. In fact, statistics tell us that approximately 70 out of 100 people who smoke want to stop but continue puffing, day in and day out, seemingly powerless to quit. Research has shown that non-smokers who reside with a smoker have a 24% increase in risk

for developing lung cancer when compared with other non-smokers.

Owners of sales outlets must display boards with warnings like "tobacco causes cancer", "tobacco kills", and "sale to minors is a punishable offence". Sometimes it happens that notification prohibiting the sale of tobacco products to minors has no effect as teenagers continue to buy tobacco/cigarettes on the pretext that they are buying it on behalf of their elders. The youth are the most vulnerable group as far as the consumption of tobacco is concerned. Most of them begin smoking as a fad and even as a rite of passage. According to The Cigarette Package Health Warnings: International Status Report 2014, India has slipped to 136th position in the list of 198 countries that warn smokers about the hazards of smoking through graphic pictures on cigarette packages. Graphic health warnings using a mixture of pictures and words are part and parcel of every country's policy on cigarette marketing. However, cigarette manufacturers share the Kitty with vested interests, hence their interest is well protected with simple modifications to fool the general public.

The government has come out with good points to deal with the matter, but at the same time, taxes on tobacco products should go up to help smokers give up. Such methods will be long-lasting. Moreover, there is a need for awareness campaigns to educate people about the dangers of smoking and the benefits of quitting. It's high time people wake up to the danger of smoke to themselves and passive smokers before it's too late. Quitting smoking can be challenging, but it's not impossible. With the right support and resources, smokers can overcome their addiction and lead a healthier life.

Let's join hands to create a smoke-free India and promote a healthier lifestyle for all. Let us take a step towards a healthier, smoke-free life - ditch the cigarettes and embrace freedom from nicotine. **(B-15 Jyoti-Kalash Society, Jodhpur Tekra, Satellite, Ahmedabad - 380 015)**

Esha Deol, Karisma and Diana's performances captivated the minds of Bhavnagar resident

Bhavnagar
The 'Rise to Run' marathon, organized as part of the grand celebration of International Women's Day in Bhavnagar, witnessed a unique confluence of Bollywood stars and enthusiastic citizens.

In this marathon, Bollywood actresses Esha Deol, Karisma Tanna, and Diana Penty captivated the hearts of the people of Bhavnagar with their performances. Approximately 5,000 competitors, including former minister Jitu Vaghani, participated in the race, making the entire city resonate with enthusiasm and respect for women's power.

Bollywood actress boosts

runners' enthusiasm. Today, on the occasion of International Women's Day, a Rise to Run marathon was organized by Carisil in Bhavnagar. In this marathon, Esha Deol, Diana Penty and Karisma Tanna boosted the enthusiasm of the runners. In which more than 5000 Bhavnagar residents ran in the morning in the 'Rise to Run' marathon organized by Chirag Parekh and Sheetal Parekh, giving a message of health and women's strength. More than 5 thousand people from different states - participated in the Kerisil Marathon in four categories, in which different routes were kept for 3 Km, 5 Km, 10 Km and 21.5 Km.

Nepal polls: Can Balen Shah vanquish the old guard?



As Nepal heads into its most gripping election in years, the Himalayan nation's old political heavyweights are struggling not just for votes, but also for legitimacy. Nearly 19 million people, including 800,000 first-time voters, will participate in the 5 March election, which comes months after deadly youth-led protests toppled the coalition government led by CPN-UML chairman K.P. Sharma Oli and dissolved parliament.

Nepal has since been governed by an interim government led by former chief justice and staunch anti-corruption campaigner Sushila Karki, which promised to hold fresh elections within six months. Nepal's political churn

matters to its neighbour India, which shares an open border with Nepal. Balen Shah, a rapper-turned-Kathmandu mayor, has become a symbol of disruption. The alliance between the millennial mayor of Kathmandu, Balen Shah, known as Balen, and chairperson of the Rastriya Swatantra Party (RSP), Rabi Lamichhane, ahead of the March elections is poised to challenge the older parties in Nepal, which have been in power for over three decades.

Balen emerged as a trusted leader during Nepal's Gen Z protests that plunged the country into a whirlwind of violence that left 77 people dead and many injured. Youth protesters asked him to lead the

country after the former prime minister stepped down following the protests. Balen won the mayoral election as an independent candidate in 2022 with a majority of votes. Lamichhane, who formed the RSP in 2022, is currently out on bail after being released on 18 December. He was accused of alleged cooperative fraud and organised crime. Balen has a real shot at vanquishing these heavyweights, and if he does, it could breathe new life into Nepal's stalled democracy. His appeal to the young, fed up with the old guard's failures, might just tip the scales towards real change—something that could foster stronger, more reliable ties with neighbours like India, countering outside influences that have muddied Nepal's path. Nepal's politics is exhausted. The Himalayan country has struggled with political instability for decades. Since 2008, Nepal has seen 14 different governments, not one of which has completed a full five-year term. A majority of young people are grappling with high unemployment. Youth unemployment is around 20 per cent, forcing thousands

of young people to toil abroad as migrants, their earnings amounting to a third of Nepal's GDP. Youth migration, unemployment, and fragile service delivery have hollowed out faith in traditional parties. Nepal's politics has been a mess for decades. The same faces—Oli, Sher Bahadur Deuba, Pushpa Kamal Dahal—keep cycling through power, promising the moon but delivering little. The heavyweights thrive on patronage networks, doling out favours to loyalists while the average Nepali struggles with inflation and power outages. Parties like UML and Congress are riddled with infighting, making coherent policy almost impossible.

Into this mess stepped Balen Shah, winning the mayoral race in Kathmandu with a majority. He spoke directly, cut through red tape, and projected the image of a man unafraid to pick fights. His bulldozer politics, literal and metaphorical, gave frustrated citizens a feeling of momentum. The Balen-Rabi alliance suggests a different path. One grounded in city-

level problem-solving, anti-corruption credibility, and a push to make energy work for growth. If this experiment survives the coming tests, including the uncertainty before the elections, it could reset expectations of governance in Nepal and inspire Asians who follow reform stories. Embrace leaders like Balen who bring energy and pragmatism. As mayor, Balen Shah successfully demolished commercial and residential buildings that were built without proper permits. He widened pavements in Kathmandu's major areas, which is an important step for the public's convenience.

Balen's administration managed garbage collection efficiently and implemented several measures to improve cleanliness, including daily road cleaning and maintenance. His RSP alliance focuses on jobs, education reform, and anti-corruption, which offers hope for younger generations. Balen is contesting the parliamentary elections from Jhapa-5 against the heavyweight K.P. Sharma

Oli. If he wins, it sends a message—experience matters, but so does innovation. Nepal needs to invest in skills training to cut unemployment. Think vocational programmes tied to India's booming sectors—IT and manufacturing. A Balen-led government could push for that, creating win-wins across the border. Balen's critics say he is untested nationally, a showman more than a statesman. Oli has decades of experience navigating Nepal's tricky geopolitics. Some also worry that rushing change may lead to instability. There is also concern that Balen's populism might overlook the complex alliances needed to govern. Nepal's parliament is fragmented; no party wins outright, so deal-making with veterans is inevitable. Dismissing heavyweights entirely risks gridlock. The world would be keeping a close watch on how people vote in Nepal. This will not only decide the fate of the Himalayan nation, but also impact the neighbourhood.

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Beyond Trudeau's shadow: How Mark Carney charts an India-Canada reset

Mark Carney, the prime minister of Canada, figured among the world leaders, such as the prime minister of Great Britain, the president of the EU Commission, the president of the EU Council, the president of France, the president of Brazil, and the president of Finland, who visited India in the past five months. Carney's visit (February 27-March 2) has already been judged as a notable success in starting a reset in the bilateral relationship, thus closing a dark chapter of the recent past.

His discussions in Mumbai and Delhi produced a forward-looking roadmap that envisages the conclusion of negotiations for a Comprehensive Economic Partnership Agreement by the end of 2026 and includes a uranium deal valued at CAD 2.6 billion, the launch of a defence dialogue as well as a dialogue between the finance ministers, and the operationalisation of a multi-layered dialogue mechanism to address an array of security cooperation issues.

However, the multilateral aspects of this visit merit closer scrutiny, as they suggest that the India-Canada partnership is guided not only by bilateral considerations but also by a largely shared approach to regional and global issues and challenges. To pinpoint the convergences and divergences in this sphere is to evaluate the potential of this relationship in the long term.

Two middle powers? Many Western scholars love to portray India as a middle power, with some Indian scholars joining hands. This group discounts India's size, population, economy, military power, and soft power stemming from its rich civilisational heritage. Prime Minister Carney does not agree with them. He

described India as a country whose global ambitions go beyond those of a middle power, indicating his government's recognition of New Delhi's status as the capital of an emerging great power. During a TV interview in Mumbai on March 1, he said, "I won't call India a middle power - happy for Canada to take that label. India's trajectory and ambition are totally different."

Elsewhere, Carney depicted India and Canada as "natural partners". The joint statement, signed by the two leaders, explains its rationale. It identifies four key factors that shape this relationship: shared democratic values, deep people-to-people connections, respect for sovereignty and territorial integrity, and a joint commitment to the rule of law. It is interesting to note that the global turbulence and tensions triggered by Trump 2.0 have created enormous pressure on both Canada and India to rediscover their mutual importance and embark on a path to revitalize their



relations. Thus, Carney chose to rise above the narrow domestic political considerations that had led his predecessor, Justin Trudeau, to damage the relationship. PM Carney noted that his visit "marks the end of a challenging period, and more importantly, the beginning of a new, more ambitious partnership between the two confident and complementary nations". Perhaps some of the previous constraints persist, but the present leadership appears determined to overcome them.

Through an Indo-Pacific Lens The vast geographic distance between Canada

and India can be bridged through a realistic political re-imagination, with the two nations viewed as part of the larger Indo-Pacific region. This notion gained popularity in the first decade of the 21st century. As the second decade began, even Canada discovered its potential as an Indo-Pacific player. The war in Ukraine diverted global attention from the Indo-Pacific vision, but Canada is now drawn to it again.

Canada's Indo-Pacific Strategy was announced in November 2022. It stressed that, as a Pacific country, Canada shares 25,000 kilometres of Pacific coastline, robust trading relationships with economies

across the region, deep people-to-people ties, and a rich history of cultural heritage. The strategy outlined five interconnected strategic objectives: (1) promote peace, resilience, and security; (2) expand trade, investment, and supply chain resilience; (3) invest in and connect people; (4) build a sustainable and green future; and (5) position Canada as an active and engaged partner to the Indo-Pacific. The Canadian government's official paper stressed: "The rising influence of the Indo-Pacific region is a once-in-a-generation global shift that requires a generational Canadian response."

Carney Visit's Outcomes The Indo-Pacific strategy is clearly guiding the Canadian foreign policy. Following his visit to China in January 2026, he undertook a three-nation tour covering India, Australia, and Japan. The clubbing of the three members of the Quad has its own implications. Observers may justifiably

wonder if this heralds Canada's interest in joining the forum. Among the visit's specific outcomes on the multilateral side, the following four may be noted. First, both Canada and India reaffirmed the strategic and economic importance of the region and expressed their commitment to "a free, open, inclusive and resilient Indo-Pacific". They split out the areas where "practical cooperation" will benefit them and the region as a whole. Second, they noted the growing convergence between India's vision for the Indian Ocean region and Canada's Indo-Pacific strategy. Accordingly, New Delhi has decided to support Canada's bid to join the Indian Ocean Rim Association (IORA) as a dialogue partner. Third, the two prime ministers welcomed progress under the Australia-Canada-India Technology and Innovation (ACITI) Partnership and agreed to sign a trilateral MOU to facilitate future work in this domain.

ICICI Bank Regd. Office: ICICI Bank Limited, Landmark, Race Course Circle, Vadodara - 390007
Corporate Office: ICICI Bank Towers, Bandra-Kurla Complex, Bandra (E), Mumbai - 400051
Branch Office: Office No. 201-B, 2nd Floor, W/IFI IT Park, Road No.1, Plot No. B/3, Wagale Industrial Estate, Thane (West), Thane - 400604
Notice for Disclosure of Legal Heirs of Deceased Borrower
PUBLIC NOTICE
Notice is hereby given that Home Loan LBBRD0005632840 (Credit facility) was granted to PATEL ANITABEN SANJAYBHAI & PATEL RAHULBHAI SANJAYBHAI & PATEL SAMARTH SANJAYBHAI along with the deceased SANJAYBHAI SHIVABHAI PATEL by ICICI Bank Ltd. (The Bank). The said credit facility is secured by SANJAYBHAI SHIVABHAI PATEL & PATEL ANITABEN SANJAYBHAI by creation of the security interest by way of mortgage, with respect to the property situated at PLOT NO. B/97, SAI SARJAN SOCIETY, NEAR FEATHERS SKYVILLAS, OPP. SUN PHARMA ROAD, R.S. NO. 205/1, 208, 210, VASNA BHAYLI LINK ROAD, PRATHAM UPVAN, AT/LADARA, VADODARA - 390012.
We would like to inform you that the demise of SANJAYBHAI SHIVABHAI PATEL has come to our knowledge during field visits conducted by the Bank officials and by telephonic communications on the registered contact numbers. In this regard, letter dated Mar 06, 2026, was previously sent to the registered addresses of the Borrowers and the deceased SANJAYBHAI SHIVABHAI PATEL, for providing information about the Legal Heirs of the deceased Borrower.
Therefore, this Notice is hereby given for sharing details of the Legal Heirs of the deceased SANJAYBHAI SHIVABHAI PATEL with supporting documents for updating the Bank's records, within <15> days of publication of this Notice.
You may submit the above-mentioned details to Mr. Gaurav Sharma (ICICI BANK LTD., Ground Floor Suraj Plaza Complex Near Kadak Bazaar, Sayajigunj, Vadodara - 390020
Date : March 12, 2026
Place : Vadodara
<SD> Authorised Officer
For ICICI Bank Ltd.

Niwash Housing Finance Limited (Formerly known as Niwas Housing Finance Pvt Ltd.)
Regd. Office - Unit No. 305, 3rd Floor, Wing 2/E, Corporate Avenue, Andheri- Ghatkopar Link Road, Chakala, Andheri (East), Mumbai - 400093
CIN : U65990MH2016PLC271587 Tel : +91 22 65202222
Email: connect@niwashfc.com; Website: www.niwashfc.com
NOTICE
Notice is hereby given in terms of Reserve Bank of India (Housing Finance Companies) Directions, 2025, that the branch office of the Company located at **Office No. 307, 3rd Floor, Eva Surbhi, Waghawadi Road, Aksharwadi, Bhavnagar - 364001** will be closed with effect from close of business hours of **14th June, 2026** as part of business realignment and administrative reason. In case any assistance is required, you may contact the nearest branch office or send an email to connect@niwashfc.com. This notice may be accessed on the Company's website at www.niwashfc.com.
For Niwash Housing Finance Limited (Formerly known as Niwas Housing Finance Pvt Ltd.)
Sd/-
Nidhi Sadani
Chief Compliance Officer
Date : 12-03-2026

Niwash Housing Finance Limited (Formerly known as Niwas Housing Finance Pvt Ltd.)
Regd. Office - Unit No. 305, 3rd Floor, Wing 2/E, Corporate Avenue, Andheri- Ghatkopar Link Road, Chakala, Andheri (East), Mumbai - 400093
CIN : U65990MH2016PLC271587 Tel : +91 22 65202222
Email: connect@niwashfc.com; Website: www.niwashfc.com
NOTICE
Notice is hereby given in terms of Reserve Bank of India (Housing Finance Companies) Directions, 2025, that the branch office of the Company located at **Office No. 37 - 3rd floor, Ginnar khushbu plaza, GIDC Vapi, Gujarat - 396195** will be closed with effect from close of business hours of **14th June, 2026** as part of business realignment and administrative reason. In case any assistance is required, you may contact the nearest branch office or send an email to connect@niwashfc.com. This notice may be accessed on the Company's website at www.niwashfc.com.
For Niwash Housing Finance Limited (Formerly known as Niwas Housing Finance Pvt Ltd.)
Sd/-
Nidhi Sadani
Chief Compliance Officer
Date : 12-03-2026

Niwash Housing Finance Limited (Formerly known as Niwas Housing Finance Pvt Ltd.)
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CIN : U65990MH2016PLC271587 Tel : +91 22 65202222
Email: connect@niwashfc.com; Website: www.niwashfc.com
NOTICE
Notice is hereby given in terms of Reserve Bank of India (Housing Finance Companies) Directions, 2025, that the branch office of the Company located at **R.S. No. 623+624+4B+624/4C, 625/2AB+629/1, 3rd Floor Office No.305, 9/558/7/5, Sthapatya Complex, Abu Highway, Palanpur, Gujarat - 385001** will be closed with effect from close of business hours of **14th June, 2026** as part of business realignment and administrative reason. In case any assistance is required, you may contact the nearest branch office or send an email to connect@niwashfc.com. This notice may be accessed on the Company's website at www.niwashfc.com.
For Niwash Housing Finance Limited (Formerly known as Niwas Housing Finance Pvt Ltd.)
Sd/-
Nidhi Sadani
Chief Compliance Officer
Date : 12-03-2026

Form No. INC-26
[Pursuant to rule 30 of the Companies (Incorporation) Rules, 2014]
BEFORE THE CENTRAL GOVERNMENT THROUGH THE REGIONAL DIRECTOR, NORTH WESTERN REGION, AHMEDABAD, GUJARAT
In the matter of sub-section (4) of Section 13 of the Companies Act, 2013 and clause (a) of sub-rule (5) of rule 30 of the Companies (Incorporation) Rules, 2014
AND
In the matter of Jindal Steel & Alloys Limited (CIN: U74920GJ1993PLC069400) having its registered office at 409, Shyamkam Complex, B/H, Kamdhenu Complex, Nr. Panjara Pole, Polytechnic, Ahmedabad, Ahmedabad, Gujarat, India, 380015.
.....Applicant Company
Notice is hereby given to the General Public that the Applicant Company proposes to make application to the Central Government through **The Regional Director, North Western Region** under section 13 of the Companies Act, 2013 seeking confirmation of the alteration of the Memorandum of Association of the Applicant Company in terms of the Special Resolution passed at an Extra ordinary general meeting held on _____, to enable the Company to change its Registered Office from the "State of Gujarat" to the "State of Maharashtra" within the jurisdiction of Registrar of Companies at Mumbai.
Any person whose interest is likely to be affected by the proposed change of the registered office of the Applicant Company may deliver either on the MCA-21 portal (www.mca.gov.in) by filing investor complaint or cause to be delivered or send by registered post of his/her objections supported by an affidavit stating the nature of his/her interest and grounds of opposition to the **ROC Bhavan, Opp. Rupal Park Society, Behind Ankur Bus Stop, Naranpura, Ahmedabad-380013, Gujarat**, within Fourteen days of the date of publication of this notice with a copy of the Applicant Company at its registered office at 409, Shyamkam Complex, B/H, Kamdhenu Complex, Nr. Panjara Pole, Polytechnic, Ahmedabad, Ahmedabad, Gujarat, India, 380015.
By Order of the Board
FOR JINDAL STEEL & ALLOYS LIMITED
Sd/- Sd/-
NEHA ROYCHOWDHURY SANJEEV DOSHI
Director Director
DIN: 10118009 DIN : 06675986
Date : March 7, 2026
Place: Ahmedabad